

MENTAL HEALTH RESOURCES FOR SOUTHERN ILLINOIS

January 2021



Jackson County
Healthy Communities
Coalition – JCHCC

Behavioral Health Action Team

<http://www.hsidn.org/jackson-county-healthy-communities-coalition.html>

Table of Contents

I.	Local After-Hours Crisis Numbers	1
	a. Crisis Text Line	1
	b. The Trevor Project	1
	c. Illinois Warm Line.....	1
II.	Emergency Mental Health Crisis Center.....	2
	a. Chestnut Health Systems	2
III.	Community Mental Health Services.....	2
	a. Centerstone of Illinois.....	2
	b. Shawnee Health Services	3
	c. Department of Veterans Affairs Behavioral Medicine – Marion Illinois	4
	d. Other Outpatient Community Mental Health Services	5
	e. Mental Health Support Services.....	8
	f. Community Mental Health Services in the Region	8
IV.	Inpatient Facilities.....	11
	a. Hospitals Accepting Adult Voluntary Psychiatric Admissions	11
	b. Hospitals Accepting Adult Involuntary Psychiatric Admissions	12
	c. Psychiatric Units That Also Provide Medical Care	13
	d. Pediatric Psychiatric Admissions.....	13
	e. Support Groups.....	14
V.	Transportation	15
VI.	Miscellaneous Resources.....	16

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*Corrections/updates to this list can be forwarded to the
Jackson County Healthy Communities Coalition – Behavioral Health Action Team
(leac@jchdonline.org).*

Mental Health Resources for Southern Illinois

I. Local After-Hours Crisis Numbers

Region	Phone Number
Alexander County	618-658-2611
Franklin, Jackson, Williamson, Perry (kids) County	855-985-0911
Hardin & Pope County	618-658-2611
Gallatin County	618-273-2141
Johnson County	618-658-2611
Massac County	618-524-9368
Perry County	618-542-4357
St Clair County (non-crisis)	618-877-0316
Randolph County (Chester, Sparta, Red Bud)	800-828-7422
Saline County	618-252-8661
Union County	618-833-8551
White County	618-382-4633
Illinois Centerstone Crisis Hotline	855-985-0911
National Crisis Hotlines	1-800 SUICIDE(784-2433) 1-800-273-TALK(8255)
Path Crisis Center* 2-1-1 of Illinois	2-1-1 or 1-888-865-9903 TDD 309-829-9027

*Path Crisis Center: Crisis, Information, and trained Referral Workers can be reached 24 hours a day, 7 days a week, 365 days per year by calling United Way 2-1-1. PATH currently provides 2-1-1 services in 32 Illinois counties (Alexander, Champaign, DeWitt, Douglas, Franklin, Gallatin, Hamilton, Hardin, Iroquois, Jackson, Jefferson, Johnson, Kankakee, Knox, Lee, Livingston, Marion, Massac, McHenry, McLean, Menard, Ogle, Perry, Pope, Pulaski, Saline, Sangamon, Union, Vermilion, Washington, Wayne, White, Whiteside, Williamson, and Winnebago counties as well as the City of Barrington). Access provided for any language, any time. If you cannot access United Way 2-1-1 through your phone, call 1-888-865-9903.

Crisis Text Line

Crisis Text Line serves anyone, in any type of crisis, providing access to free, confidential, 24/7 support and information via text messaging. Here is how it works:

- 1) Text "HOME" to 741-741 from anywhere in the USA, anytime, about any type of crisis.
- 2) A live, trained Crisis Counselor receives the text and responds quickly.
- 3) The volunteer Crisis Counselor will help you move from a hot moment to a cool moment.

For additional resources for specific populations or crisis issues, visit: www.crisistextline.org/textline/.

The Trevor Project – 1-866-488-7386

Provides 24/7 crisis intervention and suicide prevention for LGBTQ youth. A text option is available—Text "Trevor" to 1-202-304-1200, available Monday through Friday from 2pm–9pm; or instant message through TrevorChat at <https://www.thetrevorproject.org/get-help-now/>.

Illinois WarmLine – 1-866-359-7953 or TTY 866-880-4459 (available only to Illinois callers)

A Non-Crisis Peer Support Line for People Living with Mental Illness. WarmLine volunteers assist callers with their thoughts and feelings by providing support and encouragement. Hours: Monday–Friday 8:00am–5:00 pm.

II. Emergency Mental Health Crisis Center

Chestnut Health Systems

Location	Address	Phone	Payment Source
Chestnut Health Systems	50 Northgate Industrial Dr., Granite City, IL 62040	618-877-4420	All payer sources accepted

III. Community Mental Health Services

Centerstone of Illinois

“Centerstone is a not-for-profit mental health care provider. We provide services related to:

- emotional counseling*
- behavioral counseling*
- psychological care*
- drug and alcohol addiction treatment*

Open Access Assessments are available M-F 8am-3pm at locations in Carbondale, Marion, and West Frankfort. Medicare and private insurance accepted; patients without a payer source will be provided assistance in applying for Medicaid when possible.”

Initial Appointments: (855) 608-3560

**Locations where Open Access assessments are available.*

Location	Address	Main Phone	TDD	Fax	Tele-psychiatric Services?
Carbondale South	2311 S. Illinois Ave., Carbondale, IL 62901	618-457-6703	618-457-7814	618-529-4563	Yes
Carbondale - Emerald Plaza	200 N. Emerald Ln., Carbondale, IL 62901	855-608-3560		618-549-3734	Yes
Cartersville - East Plaza Drive	402 E. Plaza Dr., Ste. 4/5 Cartersville, IL 62918	855-608-3560			Yes
Cartersville - Municipal Drive	403 Municipal Dr., Cartersville, IL 62918	618-319-6069	618-932-9330		
Marion - MAT	202 Bentley, Marion, IL 62959	855-608-3560			Yes
Marion – Early Head Start	1205 W. Main St., Marion, IL 62959	855-608-3560	855-608-3560		
Marion – Main Street Campus*	1307 W. Main St., Marion, IL 62959	618-997-5336	618-993-8629	618-993-2969	No
West Frankfort – West Main Street*	902 W. Main St., West Frankfort, IL 62896	618-937-6483		618-937-1440	Yes

Shawnee Health Care - Mental Health Resources

Location	Address	Phone Number	Payment Source	Information (Counselors and Case Managers available at ALL clinics)	Web Address
Shawnee Care Behavioral Health - Carbondale	404 S. Lewis Ln., Carbondale, IL 62901	618-519-9200	Insurance Medicaid; Medicare; Sliding Fee Discount	Psychiatric Medication Management and Suboxone treatment available.	shawneehealth.com
Shawnee Health Care - Murphysboro	7 S. Hospital Dr., Murphysboro, IL 62966 (Behind St. Joseph Memorial Hospital)			For Shawnee Health Care patients ages 12 and older for Counseling and Case Management. Suboxone treatment available.	
Shawnee Health Care - Carterville	1006 S. Division St., Carterville, IL 62918			For Shawnee Health Care patients ages 12 and older for Counseling and Case Management. Suboxone treatment available.	
Shawnee Health Care - Carbondale	400 S. Lewis Ln., Carbondale, IL 62901			For Shawnee Health Care patients ages 12 and older for Counseling and Case Management. Limited access for Ages 6-12. Suboxone treatment available.	
Shawnee Health Care - Marion	1506 Sioux Dr., Marion, IL 62959			For Shawnee Health Care patients ages 12 and older for Counseling and Case Management. Suboxone treatment available.	
Shawnee Health Care - Terrier Care	1301 E. Walnut St., Room J120, Carbondale, IL 62901			School Health Center. Counseling services provided for students, family members of students, faculty & faculty family members in the school district.	
Shawnee Health Care - Marion Wellness Center	1700 Wildcat Rd., Ste. A, Marion, IL 62959			School Health Center. Counseling services provided for students, family members of students, faculty & faculty family members in the school district.	
Other services with limited access as available	There is limited ability to take non-patient referrals for Attention Deficit Hyperactivity Disorders, Gender assignment, Bariatric surgery readiness evaluations and referrals from Jackson County Health Department's HIV services.				

Department of Veterans Affairs Behavioral Medicine – Marion, IL

Location	Information
Marion VA Medical Center	2401 W. Main St, Marion, IL 62959 618-997-5311 www.marion.va.gov/
Specialty	
Outpatient Specialty Mental Health Ext. 55312	Traditional mental health outpatient services including individual, group and marital therapy.
Integrated Mental Health in Primary Care/Behavioral Health Lab Ext. 72382	Provides integrated care for veterans for health and emotional problems; provides services through Behavioral Health Lab (BHL), a phone-based service of assessment and interventions to support treatments for mental health problems initiated by the primary care provider.
Post-Traumatic Stress Disorder Clinic Ext. 59180	Offers individual and group therapy to combat-related Veterans with PTSD. Group therapy options available.
Military Sexual Trauma Ext. 59181 Ext. 72224	Provides free counseling and treatment to veterans for mental and physical health conditions related to experiences of Military Sexual Trauma, even if incident was not reported. Not required to be service connected; may receive benefit even if not eligible for other VA care.
S.A.F.E. Ext. 54759	Class for family members and caregivers of Veterans coping with mental or emotional problems.
Addiction and Substance Use Services Ext. 59167	Provides outpatient treatment to Veteran's experiencing problems with drugs and/or alcohol. Includes individual and group treatment.
Mental Health Intensive Case Management Ext. 59366	Offers intensive case management services; Veterans receive frequent supportive contacts at home and in the community. A "hands on" approach is used to help veterans develop plan of treatment.
Transitional Work Experience Ext. 72438	Offers vocational therapy through work situations in a natural work setting for veterans with a mental health disability. Fosters skills needed to transition to competitive employment. Placements are time limited generally lasting 6 months.
Supported Employment (SE) Ext. 72411	Assists veterans with a Serious Mental Illness gain employment in the community. SE services are not time limited and can last as long as the veteran feels support is needed. When veteran has an open case with SE program, VA Pension will not be affected by income earned.
Family and Loved One Psycho-education Ext. 54759	Trains families to work with mental health professionals as part of overall clinical treatment plan for family members. Provides families with information about mental illness and coping skills that will help them deal with a loved one's psychiatric disorder.
Suicide Prevention Program Ext. 59091	Educates VA staff and community in suicide prevention, partners with community resources to heighten understanding and improve resources to individuals at risk for suicide, and provides monitoring and case management for Veterans determined to be at high risk for suicide.
Health Care for Homeless Veterans Program Ext. 54463	Serves Veterans who are homeless and at-risk. Connects veterans to VA and community-based resources. Maintains a food pantry, personal supply program that provides such items as clothing and hygiene products.
Homeless Veteran Supported Employment Prog. Ext. 59366	Provides vocational assistance, job development and placement, and ongoing supports to improve employment outcomes among homeless Veterans and Veterans at-risk of homelessness.
Housing & Urban Development - Veterans Affairs Supportive Housing Ext. 59366	Joint effort to move Veterans and their families out of homelessness and into permanent housing. HUD provides Housing Choice Voucher Program (Section 8) assistance that allows homeless Veterans to rent privately owned housing. VA offers eligible homeless Veterans clinical and supportive services through its health care system.
Veterans Justice Outreach Program Ext. 72360	Ensures that eligible Veterans in contact with the criminal justice system have access to VA care. Provides education and information to courts/attorneys about Veterans' issues. Provides training to local law enforcement agencies.

Residential Rehab Treatment Program Ext. 59167	Residential facility provides Veteran-centered, evidence-based best-practice treatment in PTSD, serious mental illness (SMI), homelessness, or substance use disorders. Offers short-term and longer-term care, comprehensive rehabilitation.
Psychosocial Rehabilitation & Recovery Center Ext. 59167	Day treatment for Veterans with serious mental illness. Assists Veterans in reestablishing roles within community. Provides access to recovery-oriented interventions and community-based supports that are necessary for living, working, learning, and contributing in their community.
Veteran Peer Support Services Ext. 59091	Veteran Peer support is a system of giving and receiving help founded on key principles of respect, shared responsibility, and mutual agreement of what is helpful; promotes empowerment and self-determination in the service of recovery through peer-to-peer engagement.
Consultation Liaison Team Ext. 55750 Ext. 55511	Provides mental health consultation for Veteran's who are in the Emergency Department, Community Living Center or admitted to the hospital for mental health issues. Makes referrals to appropriate mental health care.
OEF/OIF/OND Program Ext. 54006	Assists newly returning Veterans transition into and coordinate VA healthcare. Case management services available.
After Hours Mental Health On-Call (24/7 Access)	Services available during evenings/weekends using "on-call" system for Veterans who come to the Marion VA in need of acute mental health assessment. Staff provides psych assessments for admission to inpatient psychiatry.
Employee Assistance Program (EAP) Ext. 54759 Ext. 55750 Ext. 55983	Confidential program available to help VA employees prevent and address personal and work-related issues; offers confidential assessments, brief solution-focused counseling, and linkage with community resources including support groups, experts, and classes.
VITAL (Veterans Integration to Academic Leadership) Team 618-453-1996 618-453-8387 618-997-5311 Ext. 54759	Assists student Veterans to facilitate transition from Soldier to student; services are located at SIUC. Additional services including faculty/staff training to help them understand military culture, Veteran Peer Support, confidential counseling/therapy, and linkage to VA benefits such as medical care, educational benefits and service connection.

Other Outpatient Community Mental Health Services

Location	Address	Phone Number	Payment Source	Information	Web Address
Community Health & Emergency Services (Cedar Court Clinic)	1340 N. Cedar Ct., Carbondale, IL 62901	618-457-7821	Medicare/ Medicaid; Private Insurance; Sliding Fee Discount	DASA, outpatient treatment and intensive outpatient treatment, alcohol/substance abuse prevention/treatments.	www.chesi.org/sit-edemo/sturner@chesi.org
Women's Center	610 S. Thompson, Carbondale, IL 62901	618-549-4807 24-hour 800-334-2094 Fax: 618-529-1802	No charge for services	Outpatient & residential counseling specializing in domestic violence & sexual assault/abuse survivors. Services for children & adults.	www.thewomensctr.org/
Caritas Family Solutions	10286 Fleming Rd., Carterville, IL 62918	800-997-9381	Sliding Fee Discount; Private insurance; Medicaid is NOT accepted	Licensed therapists available: Individual, marital, and family; Specialties in issues of parenting, dealing with trauma, counseling for teens; Agency serves all individuals regardless of religious background.	www.caritasfamily.org/

Egyptian Area Agency on Aging	200 E. Plaza Dr., Carterville, IL 62918	618-985-8311 ext. 101 888-895-3306 ext. 101		Offers counseling sessions in homes of senior adults and their caregivers. Homebound visits and meal delivery available. Covers lower 12 counties of Illinois.	www.egyptianaaa.org/CounselingGeriatric.html
RSVP (Retired Senior Volunteer Programs)	Illinois Dept. on Aging One Natural Resources Way, Ste. 100, Springfield, IL 62702	800-252-8966 TDD 888-206-1327		Always looking for volunteers age 55 and older. Accepts ages 18 and older for volunteers for tutoring/ mentoring for grades K-12.	www.iira.org/rdrd/retired-senior-volunteer-program-rsvp/ Facebook: RSVP of SI
Lutheran Social Services of Illinois	1616 W. Main St., Marion, IL 62959	618-997-9196	Sliding Fee Discount; Insurance not accepted	Foster care, adoption services. Ages 3-adulthood; Provides a variety of mental health services: Individual therapy, Family therapy	www.lssi.org/
Center for Senior Renewal - SIH	2 S. Hospital Dr., Murphysboro, IL 62966	618-684-3156	Medicare; Private Insurance	Offers outpatient-counseling services for senior adults, individual and group therapy, referrals for substance misuse.	www.sih.net/services/senior-renewal
Gateway Foundation	1080 E. Park St., Carbondale, IL 62901	877-381-6538 or 618-319-7523	Medicaid; Private Insurance	Primarily group counseling, Some individual and family counseling; Residential Treatment for Men, Women, Girls, Boys; Men's co-occurring program; outpatient counseling for age 12+, some transportation available for OP Day Group M-F evening group also available M - TH, Risk education, DUI evaluations. After School OP Program for youth: Age 12-18 M-F, MAT available; NAR NON group for families: Every other Monday night	www.gatewayfoundationcarbondale.org/
Counseling and Psychological Services	Student Health Center 374 E. Grand Ave, MC 6740, Carbondale, IL 62901	618-453-3311 Fax: 618-453-6151	Medicaid NOT accepted. There is a \$10 per visit fee.	For SIU students only. Psychologists and counselors help discover ways to cope more effectively with problems in day-to-day living. Staff is committed to meet the needs of individuals from diverse backgrounds.	shc.siu.edu
SIU Clinical Center	625 Wham Drive, MC 4602, Rm 141, SIUC Campus, Carbondale, IL62901	618-453-2361 Fax: 618-453-6130	Sliding Fee: \$5 -\$30 per session. Medicare NOT accepted. NO insurance or Medicaid billing.	Psychotherapy Services: Individual, group, couples, adults, children, adolescents. Services are available to SIU students & community members.	clinicalcenter.siu.edu/

Christian Hospital Recovery Center	Medical Office Bldg. 2, 11125 Dunn Rd., St. Louis, MO 63136	314-953-8100	Private Insurance & Medicare accepted	Offers assessment and testing, speech therapy services, chemical dependency & substance misuse treatment and treatment for chronic mental illness.	www.christianhospital.org/medical-services/mental-health
Caring Counselling Ministries	11264 Rt. 37 N., Marion, IL 62959	618-997-2129	\$50.00/hr. Medicare accepted only	Covers all counseling services	www.ccmrocks.com/
The Night's Shield Children's Crisis Shelter	301 E. Garland, West Frankfort, IL 62896	618-932-6400	Privately Funded	The program is a temporary emergency childcare shelter that provides short- term care for children age's birth to a child's 18th birthday, for families experiencing a severe disruptive crisis.	www.thenightsshield.org
Spero Main Campus	2023 Richview Rd., Mt. Vernon, IL 62864	618-242-1070	Private Insurance, sliding scale, Medicaid & some grants available	Mental Health Services: Diagnosis, stress, marriage counseling, trauma focus cognitive behavioral therapy, family, youth & grief counseling.	https://sperofs.org/ (Several locations in southern Illinois, see website for location near you)
Community Resource Center	Main Office: 904 E. MLK Dr., Centralia, IL 62801	618-533-1391 Fax: 618-533-0012	Accepts most insurance plans including Medicaid / Medicare	Substance use disorder and mental health counseling services.	https://www.crconline.info/
Comprehensive Behavioral Health Center	505 S. 8 th St., East St. Louis, IL 62201	618-482-7330 Fax: 618-482-4351	Discounts are available based on family size and income.	Provide quality individualized essential services for people in need of emotional, rehabilitative and social support, on a 24- hr. basis, in the least restrictive environment.	http://cbhc1.org/
Hoyleton Youth & Family Services	8 Executive Dr., Ste. 200, Fairview Heights, IL 62208	618-688-4742 Fax: 618-726-2272	Accepts Medicaid & other insurances	Committed to all people, young and old alike, who are in need. Services include therapeutic residential treatment and foster care, transitional and independent living programs, crisis care, Puentes de Esperanza and special education programs.	https://hoyleton.org/ (Several locations, see website for location near you)
Human Support Services	988 N. Illinois Rt. 3, PO Box 146, Waterloo, IL 62298	618-939-4444 Fax: 618-939-4181	Accepts most insurances and sliding fee scale	Provide services that are aimed at helping individuals challenged by mental health concerns, developmental disabilities, or substance use build satisfying lives.	https://hss1.org/
Jasper County Health Dept.	106 E. Edwards St., Newton, IL 62448	618-783-4154 Fax: 618-783-2339		Behavioral Health Division community services	http://www.jasperhealth.org/

Wabash County Health Dept.	130 W. 7 th St., Mt. Carmel, IL 62863	618-263-3873		Emergency Crisis Assessment /Referral Services are provided on a seven day per week, twenty-four-hour basis to assess the need for inpatient hospitalization in cases where mental illness is resulting in imminent harm to individuals or others.	http://www.wabashhealth.org/crisisintervention
Depot Counseling Center	1001 N. Market St., Mt. Carmel, IL 62863	618-263-4970		Counseling Therapy, Psychiatric Services, Child Psychiatric Services, Case Management Services, Crisis Intervention, Substance Abuse Services	

Mental Health Support Services

There is no fee for the following Mental Health Support Services.

Location	Address	Phone Number	Information
Project 12 Ways	Project 12-Ways, MC 6616, SIU, Carbondale, IL 62901	618-453-2434 866-879-2199 Fax 618-453-2450	Home-based intervention contracted through DCFS; An open case with the department of children and family services is required. p12-ways@siu.edu

Community Mental Health Services in the Region

Location	Address	Phone Number	Payment Source	Information	Web Address
Perry County Counseling Center	Perry County 1016 S. Madison St., Du Quoin, IL 62832	618-542-4357	Medicaid/Medicare; Some Private Insurance; Some mental health specific insurances	No children under 6 years old; Substance and alcohol abuse counseling; DUI assessment; Crisis services available	
Family Counseling Center, Inc.	Pope County 125 N. Market St., Golconda, IL 62938	618-683-2461 Fax: 618-683-2066	Medicaid/Medicare; Private insurance; sliding scale fees available	Serves the 7 most southern counties in Illinois. No age restrictions; Offer's substance abuse counseling; residential programs; Case Manager placement for homeless; Senior living care.	www.fccinconline.org
	Johnson County 101 Oliver St. or 406 E. Vine St., Vienna, IL 62995	618-658-2611 or 618-658-3079			
	Hardin County 147 N. Main St., Elizabethtown, IL 62931	618-287-7010 Fax: 618-287-7016			
	Alexander County 1401 Washington Ave., Cairo, IL 62914	618-734-2665 Fax: 618-734-1999			
Massac County Mental Health and Behavioral Center	206 W. 5 th St., Metropolis, IL 62960	800-851-1251	Sliding Fee Discount; private insurance; Medicaid/Medicare	Substance abuse treatment; Marriage Counseling; Depression, etc.; Accepts patients over 5 years old.	mcmhc.com/

Union County Counseling Services	204 South St., Anna, IL 62906	618-833-8551	Private Insurance; Sliding Fee Discount; Medicare/Medicaid	Psychiatrist available for 18 years and older; No substance abuse treatment available.	Uccsinc.org
Egyptian Health Department	Saline County 1412 US Hwy. 45 North, Eldorado, IL 62930 (Main Office)	618-273-3326 Fax: 618-273-2808	Private Insurance; Medicaid; Self-Pay, Sliding Fee Discount for Substance abuse (Not for mental health), No Medicare for counseling.	Counseling services for mental health and substance abuse for all ages, SASS, DUI Evaluations, Community Support, Supported Employment and PAS is for nursing home screenings for the mentally ill, 90-day detox program for substance misuse available.	www.egyptian.org
	Harrisburg Office 715 E. Church St., Harrisburg, IL 62946	618-294-8322 Fax: 618-294-8313			
	Gallatin County 9525 Gold Hill Rd Shawneetown, IL 62984	618-269-3454 Fax: 618-269-3825			
	Wellness Center 5155 Highway 13, Junction, IL 62954	618-272-7132 Fax: 618-272-7064			
	Jackson County 1400 Woods Rd. Murphysboro, IL 62966	618-313-0916			
	Wayne County 407 N Basin Rd., Fairfield, IL 62837	618-516-5326 Fax: 618-516-5325			
	White County 1705 College Ave Carmi, IL 62821	618-382-7311 Fax: 618-382-7552			
Comprehensive Connections	16338 N. Illinois, Hwy 37, Mt. Vernon, IL 62864	618-242-1510	Private Insurance; Medicare/Medicaid; Self-Pay	Personal Assistance Services (PAS) Agency-Mental Illnesses only; Substance misuse treatment available; DUI services; Outpatient & Residential treatments; Patients must be age 5+; Transportation available.	compconnect.org
Lawrence County Health Department Behavior Health	11362 Country Club Rd., Lawrenceville, IL 62439	618-943-3302	Private Insurance; Medicare/IL Medicaid; Self-Pay; Sliding Fee Discount	Personal Assistance Services (PAS) Agency-Mental Health Counseling; Outpatient substance abuse; Patients must be age 5+	www.lchealth.com/behavior-health.html
Southeastern Illinois Counseling	Olney 208 E. Main St., Olney, IL 62450	618-395-4306	Private Insurance; Medicare/Medicaid; Self-Pay; EAP; some contracts with local services; Sliding Fee Scale: substance abuse treatment & mental health services	Personal Assistance Services (PAS) Agency-Mental Illnesses only; Substance abuse treatment available; Patients must be age 5+	Seicc.org
	Lawrenceville 1501 Olive St., Lawrenceville, IL 62439	618-943-3451	Private Insurance; Medicaid; Self-Pay; Sliding Fee	Substance abuse treatment available; Patients must be age 5+	
	Flora 901 West 3 rd St., Flora, IL 62839	618-662-2871	Private Insurance; Medicaid; Self-Pay; Sliding Fee	Mental health services & Substance abuse treatment available; DUI services; Patients age 5+	

	Robinson 204 W. Highland, Robinson, IL 62454	618-546-1021	Private Insurance; Medicaid; Self-Pay; Sliding Fee	Mental health services & Substance abuse treatment available; Patients age 5+	
	Fairfield 407 N. Basin Dr., Fairfield, IL 62837	618-842-2125	Private Insurance; Medicare/Medicaid; Self-Pay; Sliding Fee for Substance abuse (Not for mental health)	Counseling services; Substance abuse treatment available; DUI services; Patients must be age 5+	
Southern Illinois Case Coordination Service	325 S. Poplar St., P.O. BOX 588, Centralia, IL 62801	800-828-7422	Must be Medicaid eligible to receive services; No payment	Personal Assistance Services (PAS) Agency - Developmentally disabled patients only	
Southern Illinois Psychiatry LLC	Dr. Qureshi 112 Airway Dr., Marion, IL 62959	618-998-0888	Accepts most insurances & Medicare No Medicaid	Service includes medication evaluation & management, group therapy, consultation, psychological testing & assessments.	
Brentwood Springs	4488 Roslin Rd., Newburgh, IN 47630	812-858-7200 812-618-1507 Fax: 812-518-8999 Fax: 812-842-0086	Most major medical insurances, Indiana Medicaid and Medicare only	No cost initial evaluation, 7- 10 day stay for IP treatment: mental health, addiction. Detoxification /stabilization, family programs, alumni support groups, web-based treatment. Intensive OP & partial hospitalization programs. Senior mental health & addiction.	brentwoodspring s.com/
Milwood Executive Suites 1400 N. Wood Rd. Murphysboro, IL 62966	Sallie Schramm, LCPC	618-844-1112	Most insurance & Private Pay accepted. No Medicare/Medicaid	Individual, couples & teens (age 13+) therapy, Cognitive, Behavioral & Insight Oriented.	sallieschramm.c om/
	Dr. Melinda Bloos	618-457-6443 ext. 302	Accepts: BCBS, Health Alliance & Medicare	Trauma Based Disorder & Anxiety Disorder Counseling	
	Diana Womack- Walters, LCSW	618-318-9181	Accepts most insurances & Medicare No Medicaid	Substance abuse, mental health issues, marital counseling & alcohol assessments.	dwomackwalters lcsww.com/
	Mary Ann Wildwood, LCSW, Reiki Master	618-457-5775 618-529-5229 Office Days: T, W, Th	Accepts most insurances & Medicare No Medicaid	Provides couples therapy, marriage & individual counseling	maryannwildwoo d.com/
	Cynthia Clark, PhD.	618-549-1793	Accepts BCBS, Health Alliance & Medicare	Provides therapy to individuals, families, couples & groups, ages 10 - 80+	

IV. Inpatient Facilities

Hospitals Accepting Adult Voluntary Psychiatric Admissions

Hospital Name	Address	Phone Number	Payment Source	Information
Center Pointe Hospital	4801 Weldon Spring Pkwy., St. Charles, MO 63304	636-441-7300	Private Insurance; Medicare; No state funding	Stand-alone psych facility - no medical services offered; SASS; Offers chemical dependency services; Inpatient adolescents, adults; Substance Abuse Residential Program. Adult ages 12 and older Involuntary / Voluntary admissions.
Alton Memorial Hospital	1 Memorial Dr., Alton, IL 62002	618-433-7099	Medicare, Medicaid & accepts most insurances	Geriatric site and voluntary only. "In-patient Senior Renewal"
HSHS Holy Family Hospital	200 Health Care Dr., Greenville, IL 62246	618-664-1230	Medicare Based, Medicaid, private insurance	55 years or older, voluntary and involuntary accepted.
HSHS Holy Family Hospital Patient Senior Wellness	Holy Family Behavioral Health Unit 200 Healthcare Dr., Greenville, IL 62246	618-664-2240	Medicare A, pre-approved insurance & private payment	Depression, sexually inappropriate behavior, delusions/hallucinations, suicidal ideation, thoughts/acts of harming self or others and dementia with aggression. Servicing male and female patients age 55 and older.
Touchette Regional Hospital	5900 Bond Ave., Centerville, IL 62207	618-332-4038 Fax: 618-332-4040	Medicare, Medicaid & most insurances with preauthorization.	Voluntary and involuntary patients accepted.
Barnes Jewish Hospital Psychiatric Stabilization Center (BJH PSC)	1 Barnes Hospital Plaza, St. Louis, MO 63110	314-286-1700	Insurance, Self-Pay, Medicare & Medicaid Accepted	Outpatient voluntary, Adults only
Christian Hospital (Recovery Center)	Professional Office Bldg. 2, Christian Hospital, 11133 Dunn Rd., St. Louis, MO 63136	314-653-5000 Fax: 314-953-8150	Medicare or private insurance accepted. Home state (MO)	Outpatient group therapy. No inpatient services provided.
Gateway Regional Medical Center	2100 Madison Ave., Granite City, IL 62040	618-798-3000	Self -Pay; Medicaid /Medicare; Private Insurance	Quorum Network, SASS; part of Community Health Systems, a for-profit system; pediatric, adolescent, adult, geriatric units available. Involuntary & voluntary.
Mercy Behavioral Health	1530 Loan Oak Rd., Paducah, KY 42003	270-444-2250	Private Insurance; IL & KY Medicaid /Medicare, Self-Pay	Adult Inpatient and Senior Inpatient services available. Accepts mental health crises including suicidal ideation, bipolar disorder, schizophrenia, etc.; No drug and alcohol treatment or anorexia treatment.
Marshall Nemer Pavilion	1532 Lone Oak Rd., Ste. 345, Paducah, KY 42003	270-444-2250	Private Insurance; IL & KY Medicaid /Medicare; Self-Pay	Outpatient clinic and Intensive Outpatient services available.
Harrisburg Medical Center Mulberry Center	100 Dr. Warren Tuttle Dr., Harrisburg, IL 62946	618-253-7671	Self-Pay; Private Insurance; Medicaid/Medicare	Psychiatric unit not accepting drug abuse treatment. Generally, an acute care stabilization hospital (Average stay is 5-7 days). No involuntary patients accepted.
Pavilion Hospital	809 W. Church St., Champaign, IL 61820	217-373-1700	Private Insurance; Medicare; Medicaid	Medical Detoxification; Dual Diagnosis Treatment; Residential Treatment; Partial Hospitalization

Memorial Medical Center	701 N. 1 st St., Springfield, IL 62781	217-788-3000	Medicaid/Medicare; Self-Pay; Some Private Insurance	Treatment for broad range of psychiatric issues; Detoxification offered.
SSM St Joseph Hospital	500 Medical Dr., Wentzville, MO 63385	636-327-1000	Self -Pay; Medicare/Medicaid; Private Insurance	Many locations. Inpatient and Outpatient services available.
Alton Mental Health Center	4500 College Ave., Alton, IL 62002	618-474-3800	Medicare/Medicaid	Only accepts patients over 18 years old; State Operated Mental Health Facility
Deaconess Cross Pointe Inpatient	7200 E. Indiana St., Evansville, IN 47715	812-476-7200	Private Insurance; Medicaid/Medicare; Self-Pay	Accepts ages over 10 years for inpatient acute care – mental/SUD, psych, chemical dependency, and partial hospital – mental health. Offers care and treatment at all levels through inpatient programs.
Deaconess Cross Pointe Outpatient	445 Cross Pointe Blvd., Evansville, IN 47715	812-471-4611	Private Insurance; Medicaid/Medicare; Self-Pay	Accepts ages over 10 years for inpatient acute care – mental/SUD, IOP, psych, chemical dependency-mental health. Offers care and treatment at all levels through outpatient programs.

Hospitals Accepting Adult Involuntary Psychiatric Admissions

Hospital Name	Address	Phone Number	Payment Source	Information
Choate Mental Health and Development Center	1000 N. Main St., Anna, IL 62906	618-833-5161	Medicaid/Medicare; Self-Pay; Some Private Insurance	SASS (18-21); Acute Care Facility and Step-Down Unit; Does not accept children
Memorial Medical Center	701 N. 1 st St., Springfield, IL 62781	217-788-3405 or 217-788-3505	Medicaid/Medicare; Self-Pay; Some Private Insurance	Treatment for broad range of psychiatric issues; Detoxification & some substance abuse treatment offered; Partial Hospitalization program available.
HSHS St. Mary's Hospital	1800 E. Lake Shore Dr., Decatur, IL 62521	217-464-5196	Medicare, Medicaid and some private insurances accepted	Adolescent, Adult Inpatient, Outpatient, Senior Behavioral Health services available.
Pavilion Hospital	809 W. Church St., Champaign IL 61820	800-373-1700	Managed care - Adults Medicaid - Teenagers	SASS; Medical Detoxification; Dual Diagnosis Treatment; Residential Treatment; Partial Hospitalization
Carle Richland Memorial Hospital	800 E. Locust St., Olney, IL 62450	618-392-2131	Self -Pay; Medicare /Medicaid; Private Insurance	Outpatient services available
St. Mary Hospital	400 N. Pleasant St., Centralia, IL 62801	618-436-8623 618-436-8622	Self -Pay; Medicare /Medicare; Private Insurance	Acute care services & Senior Adult services available.
Chicago Behavioral Hospital	555 Wilson Ln., Des Plaines, IL 60016	844-756-8600	Private Insurance; Medicare, Medicaid and DCFS Wards	Adolescents 13+, Adults & Geriatrics

Psychiatric Units That Also Provide Medical Care

Hospital Name	Address	Phone Number	Payment Source	Information
Gateway Regional Medical Center	2100 Madison Ave., Granite City, IL 62040	618-798-3888	Self -Pay; Medicaid /Medicare; Private Insurance	SASS; Provides broad range of psychiatric treatments

Pediatric Psychiatric Admissions (SASS)

*SASS: Screening Assessment and Support Services for Medicaid-eligible children in Illinois

Hospital Name	Address	Phone Number	Payment Source	Information
CenterPointe Hospital	4801 Weldon Spring Pkwy., St. Charles, MO 63304	800-345-5407	Private Insurance; Medicare; MO Medicaid	SASS; Short-term Crisis stabilization for mental health; detoxification services available; chemical dependency residential services (30 beds)
Lincoln Prairie Behavioral Health Center	5230 S. 6 th St., Springfield, IL 62703	217-585-1180	IL & MO Medicaid; Most Private Insurance; TriCare (Military Insurance coverage)	SASS; Ages 3-17; Serves all of Illinois; Partial hospitalization program for ages 12-17; Dual Diagnosis treatment for adolescents; www.lincolnprairiebhc.com
Pavilion Hospital	809 W. Church St., Champaign, IL 61820	217-373-1700	Private Insurance; Medicare; Medicaid	Psychiatric Stabilization and Evaluation; Dual Diagnosis Treatment; Partial Hospitalization
Gateway Regional Medical Center	2100 Madison Ave., Granite City, IL 62040	618-798-3888	Self-Pay; Medicaid /Medicare; Private Insurance	SASS; Provides broad range of psychiatric treatments, Inpatient acute mental health for all ages, Outpatient services available.
Streamwood Behavioral Health System	1400 E. Irving Park, Streamwood, IL 60107	630-837-9000	Medicaid/Medicare; Private Insurance; Harmony Insurance	Pediatric Unit ages 3-11; Adolescent Unit ages 12-17; Adult unit/IOP ages 18-55; Therapeutic Day School ages 8-21; BIU Spectrum Disorder Care ages 8-17; Partial Program ages 6-18
Riveredge Hospital	8311 W. Roosevelt, Forest Park, IL 60130	708-209-4181	Most Private Insurance, Medicare; Medicaid, No Medicaid for Adults	Children, Adolescents, adults, older adults, military, transitioning youth adults
Washington University Pediatric Psychiatry	4444 Forest Park Ave, St Louis, MO 63108	314-286-1700	Medicare, Medicaid, Insurance & Self Pay Accepted	0-18 years old accepted, Outpatient only

V. Support Groups

Company Name	Address	Phone Number	Information
First Presbyterian Church KISS (Keep it Simple Sisters)	310 S. University Ave., Carbondale, IL 62901	618-549-2143	9:30 am Saturday; http://locator.coda.org/index.cfm?page=usCitymeetings.cfm&state=IL&city=Carbondale
GriefShare	Our Savior Lutheran Church 700 S. University Ave., Carbondale, IL 62901	618-549-1694	Faith-based grief support group discussion of a GriefShare video each week. Meets 2:00 pm – 3:30 pm on Sundays. lutheran@siu.edu
National Alliance on Mental Illness (NAMI) Jackson County	Our Savior Lutheran Church 700 S. University Ave Carbondale, IL 62901	217-522-1403 ext. 3 namijcil@gmail.com	Family Support Group meets 7 pm – 8 pm, the first Tuesday of the month.
Christian Covenant Fellowship Church	1025 S. Division St., Carterville, IL 62918	618-985-4011	Grief support group. No fees, no registration required. Counseling by Brother Ralph Brandon. For more information: http://www.christiancovenantfellowship.com/
I Lost a Child Support Services – Memorial Hospital of Carbondale	405 W. Jackson, Carbondale, IL 62902	618-549-0721 ext. 65224 Anne Mileur	
First Presbyterian Church Caregiver Support Group	1200 S. Carbon St., Marion, IL 62959	618-993-3640	Open to all cancer patients, survivors, caregivers, friends and family affected by cancer. Come and share your story on the 3 rd Monday of every month. Help us encourage and equip others. Refreshments provided. office@marionpresbyterian.org
Warriors of Hope Suicide Awareness Remembrance & Prevention	300 E. Main St., Carbondale, IL 62901	618-203-3444	Supports survivors who have lost someone to suicide, suicide prevention, aid in healing and education. Meets 1 st Wednesday of every month at 6 pm.
Through God's Eyes Support Group	Camp Creek Baptist Church, 39 Church Rd., Murphysboro, IL 62966	618-201-4603 June Caraway throughgodseyez@gmail.com or throughgodseyes.com	To increase positive social support and networking within local communities by educating, informing, sharing resources, promoting awareness, and providing a safe environment for friends and families whose lives are affected by substance misuse.

VI. Transportation

Company Name	Phone Number	Area Covered	Payment	Information
Illinois Patient Transport (Division of Advanced Medical Transport)	800-457-1143	All of Illinois – except Cook County	No payment - it contracts with the State.	IPT provides services to hospitals and patients requiring compassionate supervision during transportation.
MedicOne Medical Response	855-4MEDIC1 855-463-3421	Coverage area in Illinois from I-70 south, St. Louis, MO area and Terre Haute, IN area	Private insurance contracts with several hospitals; Some credit cards; Medicare; Medicaid is NOT accepted	Voluntary and Involuntary Patient Transportation; Call for transportation from private residences to Emergency Depts.; Psychiatric facilities/nurses/social workers must schedule for transportation to places other than Emergency Departments; Emergency services available and 911 assistance.
Lovisa Medical Transport	618-521-1706	State Wide: Illinois, Kentucky, Indiana and Missouri	Contracts with SIH, does NOT bill insurance, No Medicare / Medicaid accepted	Voluntary & Involuntary Patient Transportation; Transportation must be scheduled by a psychiatric facility; Children can be picked up from private residences; Services are available 24 hours a day / 7days a week / 365 days a year
Rides Plus	844-220-1243 or 618-215-3761	Assists in arranging transportation for any individual throughout Illinois and neighboring states.	No payment for call center assistance to find transportation. Costs for transportation paid directly to transportation provider and Medicaid, cash fare, or other sources accepted.	Rides Plus is a not-for-profit company that coordinates non-emergency medical transportation in advance for area hospitals and healthcare providers. www.ridesmtd.com/

VI. Miscellaneous Resources

Name	Contact Information
National Alliance on Mental Illness (NAMI) - Jackson County	217-522-1403, ext. 3 teri@namiillinois.org
Illinois Mental Health Services Guide	https://www.opencounseling.com/public-mental-health-il
Illinois Department of Human Services <i>Division of Mental Health</i>	DHS Help Line: 1-800-843-6154 TTY: 1-800-447-6404 www.dhs.state.il.us/page.aspx?item=29728
Prevention First	800-252-8951
Rape Action Committee (Women's Center)	800-334-2094
Mental Health First Aid Training*	www.mentalhealthfirstaid.org/take-a-course/find-a-course/
Association of Community Mental Health Authorities of Illinois (ACMHAI)	acmhai.org/who-we-are/ ACMHAI is a partnership of organizations committed to the concept of community behavioral health, which is demonstrated by a shared respect and concern for citizens of our communities who experience mental illness, emotional disturbances, substance abuse and developmental disabilities.
Jackson County Mental Health (708) Board	www.jacksoncounty-il.gov/government/departments-a-z/mental-health-708-board The mission of the Jackson County Mental Health (708) Board is to plan, allocate funds, coordinate, and evaluate a comprehensive system of Community Mental Health, Intellectual/Developmental Disabilities, and Substance Abuse services for the citizens of Jackson County IL.
Mental Health and Developmental Disabilities (405 ILCS 20/) Community Mental Health Act.	www.ilga.gov/legislation/ilcs/ilcs3.asp?ActID=1499&ChapterID=34

*Youth and Adult Mental Health First Aid training is an 8-hour course that teaches individuals and groups how to identify, understand and respond to signs of mental illnesses and substance use disorders. Local trainers will give you the skills you need to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis. To find a course near you, visit: <https://www.mentalhealthfirstaid.org/take-a-course/find-a-course/> or email Jeff Franklin: jfranklin@siumed.edu.