



JACKSON COUNTY HEALTH DEPARTMENT

Public Health
Prevent. Promote. Protect.

NEWS

FOR RELEASE: Immediately (12/29/20)

For more information contact: 618-684-3143

THIRTY-FIVE NEW COVID-19 CASES IN JACKSON COUNTY

Jackson County Health Department sadly announces the death of a female in her eighties related to COVID-19. The thoughts of public health staff are with her loved ones.

JCHD was notified in the past 24 hours of 35 Jackson County residents having contracted COVID-19. The individuals are as follows:

- Female – one under ten, one teen, four in their twenties, four in their forties, one in her fifties, one in her sixties, one in her seventies, one in her eighties, and three in their nineties;
- Male – one preteen, three teens, four in their twenties, three in their thirties, three in their forties, one in his fifties, one in his sixties, and two in their seventies.

328 active cases are currently being managed. To date, there have been 3,612 cases in the county, including 59 related deaths. Forty individuals were released from isolation, in accordance with CDC guidelines, bringing the total released to 3,225 individuals.

To protect themselves and their families, residents of Jackson County should immediately and consistently take the following actions:

- 1) Stay home as much as possible. Only go out for work or essential items, if possible.
- 2) Avoid parties and gatherings of all sizes - crowds are an ideal environment for spreading COVID-19.
- 3) Keep at least 6ft of space between yourself and others as much as possible.
- 4) Wear a face mask around others. Research shows cloth masks protect the wearer, as well as others.
- 5) Stay home if you are sick, even if you only have mild symptoms. Get tested. Self-isolate while awaiting test results. Stay home when placed on isolation or quarantine.
- 6) Workplaces should follow all guidance published by IDPH and DCEO, as well as the Restore Illinois Resurgence Mitigations.
- 7) Return calls to public health officials and follow their instructions.

If you have a fever, cough, difficulty breathing, fatigue, muscle aches, loss of taste or smell, nausea, diarrhea, or other symptoms, call your health care provider for further guidance. Two providers are conducting COVID-19 testing in Jackson County: Call either Southern Illinois Healthcare (SIH) at 1-844-988-7800; or Shawnee Health Service at 618-519-9200.

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