START! Walking Paths

There are over 40 START! Walking Paths available around the region that are free for individuals and families to enjoy. This is a short list of some START! Walking Paths. For more information and other locations please visit the website at: startwalkingnow.org or www.sih.net

Attucks Park

Address: 400-800 N. Wall Street Carbondale, IL 62901

Bike Way

Address: Across from the Eastgate Shopping Center, on Wall Street Carbondale, IL 62901

Evergreen Park

Address: 1205 W. Pleasant Hill Road Carbondale, IL 62901

Mayberry Arboretum

Address: S. Wall St./Pleasant Hill Rd. Carbondale, IL 62901

Memorial Hospital of Carbondale

Address: 405 West Jackson Street Carbondale, IL 62901

Riverside Park

Address: 2610 W. Riverside Park Road Murphysboro, IL 62966

University of Illinois Extension

Address: 402 Ava Road Murphysboro, IL 62966

Boys & Girls Club of Carbondale

Address: South side of SIUC Campus Carbondale, IL 62901

SIUC Student Center

Address: 1255 Lincoln Drive Carbondale, IL 62901

St. Joseph Memorial Hospital

Address: 2 South Hospital Drive Murphysboro, IL 62966

SIUC Campus Lake

Address: South side of SIUC Campus Carbondale, IL 62901















Area Nature Trails

There are over 40 START! Walking Paths available around the region for individuals and families to enjoy. Listed below are area nature trails that are also designated as a START! Walking Path. For more information and other locations please visit the website at: startwalkingnow.org or www.sih.net

Arrowhead Lake Trail

Address: 1600 Peterson Avenue Johnston City, IL 62951

Herbie Beyler Trail

Address: Brush Hill Nature Preserve Carbondale, IL 62901

David Kenney Trail

Address: Chautaugua Bottoms Nature Preserve Carbondale, IL 62901

Woodland Trail

Address: Oakland Nature Preserve Carbondale, IL 62901

Maurice Webb Trail

Address: Chautaugua Bottoms Nature Preserve Carbondale, IL 62901

Stan Harris Trail

Address: Oakland Nature Preserve Carbondale, IL 62901

Woodland Spur Trail

Address: Chautaugua Bottoms Nature Preserve Carbondale, IL 62901













